

# VIOLET ROOTS



## *Violet Beat*

Reflection  
Creativity  
& Community

[violetroots.com](http://violetroots.com)

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VR

Issue 04

# VIOLET ROOTS

February 2016

A monthly letter from the editor series to forecast the upcoming month, reflect on the past, and share life's anecdotes.



## Violet Beats: Who are you really? *When you know it all lines up!*

I feel like I'm in a stage of rebirth or like I've spent some time on a new age retreat. January was filled to the brim and a lot more than I expected.

As I mentioned in the **last edition** I feel like I'm getting my creative mojo back and with that comes a lot of mixed emotions and a lot of introspective thoughts.

Now that I'm connecting more with my core and who I really am

I've begun to take stock of everything else that's in my life.

What is useful? What is essential? What is leading me to where I want to go and what is just a distraction?

All of these things have led me to take a hard look at my little corner of the internet, Violet Roots, and make some tough decisions.

I'm not ready to reveal them all because I want to

be able to have a clear idea but the direction I'm heading in is more than clear to me now.

First let's be clear. I'm not ashamed or upset with anything that I have produced in my first year.

# Without knowing who you are *you can't know what matters most!*

The only thing that has changed is that when I started Violet Roots I just wanted to start. I wanted to dive into the blogging world and try my hand at something that I had been a bystander to for years.

I did that and much more. Now it's time to take what I've started and make it a more accurate reflection of myself, my values, my desires and my dreams.

That might seem like a lot of "me" talk but I'm doing this for more than just myself. I want to be useful to those that read Violet Roots and I want to be able to offer a community for those who want to fill their life with the creative things that make them feel fulfilled.

I can't begin to do that if I'm not presenting my truth in a way that is 100% me. This doesn't mean that I've been lying to you. It doesn't mean that I've been deceiving you in any way.

I've shared with you all of the things that matter to me. The thing is, without knowing who you really are you can't

know which of those things matters **THE MOST.**

In reconnecting with my love for art I have found the thing that matters most:

*Creativity.*

Music and personal style are just two outlets for my creativity. I love them because they give enough breathing room to allow my imagination to run wild.

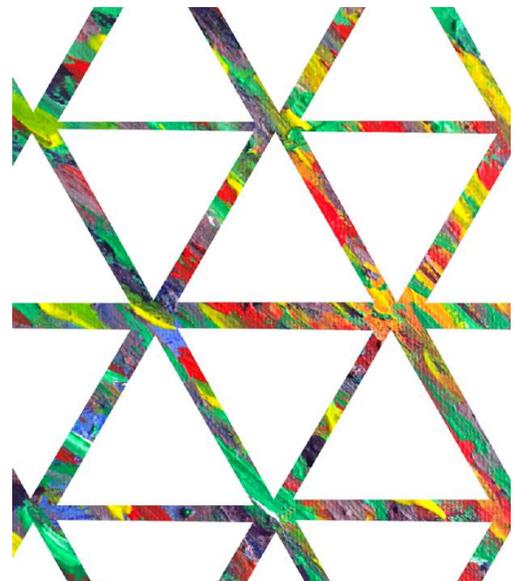
Sometimes your ideas are on point and other times you may veer off course but ultimately it's better to have experimented and discovered what works then to not have tried at all.

## So What's Next?

- Content that speaks to the creative in all of us and tips to help it flourish
- Violet Roots turns 1! Let's celebrate with an awesome giveaway!
- My next VRxLove blogger of the month is "kelling" it! Can you guess who?

Are you ready to build a life full of creativity? Not sure how to start? Sign up to receive exclusive content and free wallpapers as your welcome gift!

**"It's time to take what I've started and make it a more accurate reflection of myself"**

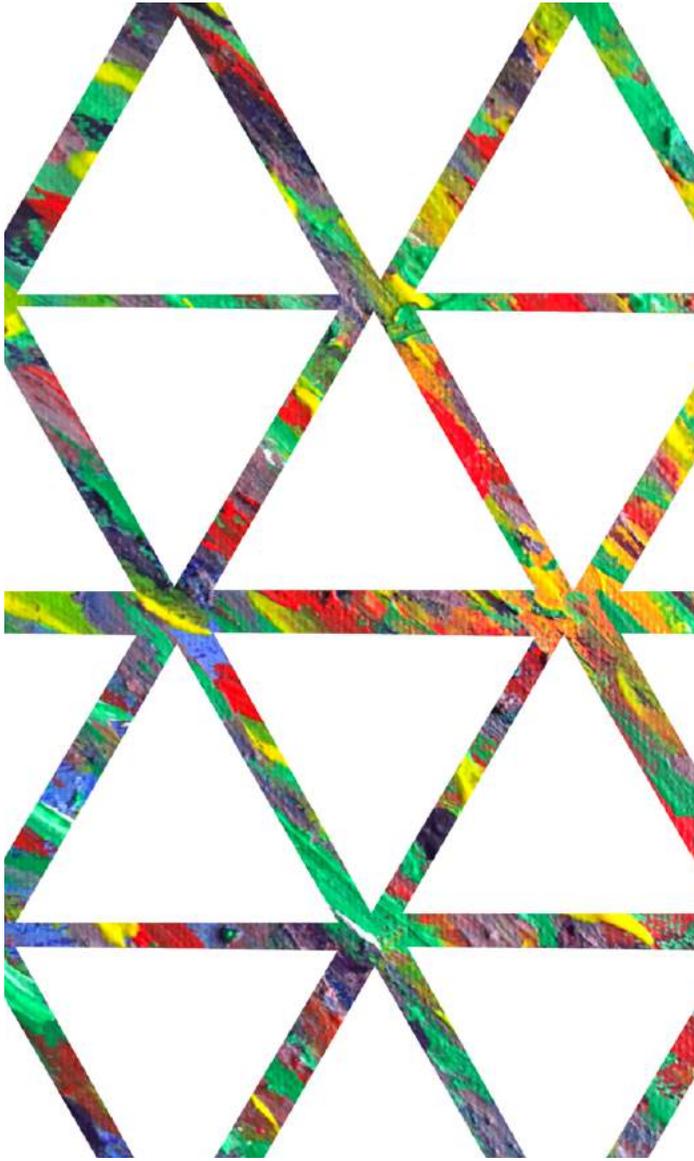




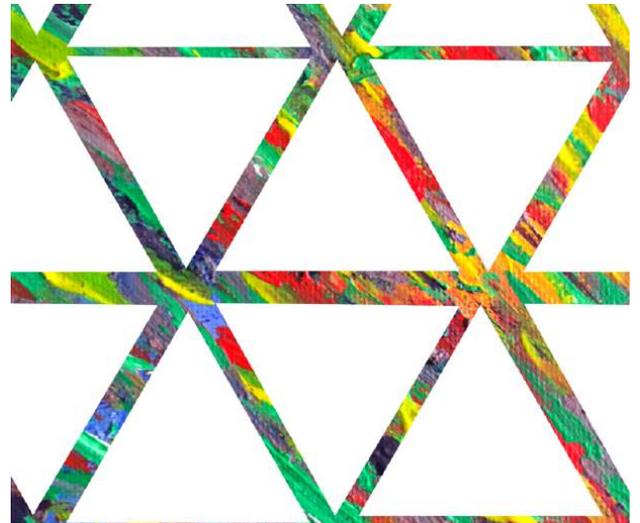
# START AGAIN

The the Rest Will  
Follow





“I’ve hit  
the 1 year  
mark y’all!”



## February’s #VRxMusic Bonus!

*dance to these Violet Beats all month!*

For some reason Whitney’s “I’m Every Woman” is in my head. I’m not complaining I just haven’t heard that in years and I’m not sure why it popped back up again. I guess I’m in a “heck yeah I can do this” “I am woman hear me roar” “the stars are alining” sort of mood.

With that in mind I’ve picked a few other rah-rah songs to go with my good mood. After all, this is the February issue as well as the birthday issue for Violet Roots. I’ve hit the 1 year mark y’all!

I’m still not sure how I want to celebrate this milestone but I think these songs are a great way to kick things off don’t you agree?

### #VRxMusic Picks:

- Whitney Houston - “I’m Every Woman”
- Beyoncé - “Girls Run the World”
- Katy Perry - “Firework”
- Gwen Stefani - “Hollaback Girl”

Which one is your favorite? Tweet @violetrootsblog using the hashtag #VRxMusic and share what song you’ll be listening to this December! Have a question? Email me at [monika@violetroots.com](mailto:monika@violetroots.com)